

CARLOW CYPSC HEALTHY IRELAND COMMUNITY RESILLIENCE FUND

FORWARD STEPS FAMILY RESOURCE CENTRE

*Is your child
worrying a lot
more than usual
at the moment?*

*Does your child
find it hard to
express their
thoughts and*

*Do you think
the COVID pan-
demic has or is
impacting on*



A pilot Art Therapy and Drama Therapy 8 week pro- grammes

will be delivered here in Tullow for children age

8yrs to 10 yrs and **11 yrs to 12 yrs. (max 5 per group).**

It is a peer support therapy group through either art or drama to enable children to address their worries, concerns and coping skills.

If you feel that your child or children would benefit from this 8 week programme, please contact

Molly Kirwan, FRC Project Manager on (086) 7937321 or by email at pmforwardsteps@gmail.com to register.

It is intended to start the pilot programmes as soon as some COVID restrictions are lifted.

FREE OF CHARGE